Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Period \_\_\_\_\_\_\_\_\_\_\_\_

**Growing Up Digital, Wired for Distraction**

1. What poses a profound new challenge to focusing and learning for students?
2. The risk, they say, is that developing brains can become more easily habituated than adult brains to constantly switching tasks — and less able to sustain attention. What does the word habituated mean in the section above?
3. Videogames can serve 2 purposes for teenagers. Explain what is meant by each according to the article and then describe the the positive and negative effects of each.

Positive Negative

|  |  |  |
| --- | --- | --- |
| Receding : |  |  |
| Escaping : |  |  |

4. In an experiment at the German Sport University in Cologne in 2007, boys from \_\_\_\_\_\_ to \_\_\_\_\_spent \_\_\_\_\_\_\_\_\_\_\_\_ each night playing video games after they finished homework.

5. They found that playing video games led to markedly \_\_\_\_\_\_\_\_\_ sleep quality than watching TV, and also led to a “\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_” in the boys’ ability to remember vocabulary words. The findings were [published](http://pediatrics.aappublications.org/cgi/content/abstract/120/5/978) in the journal Pediatrics.

6. Markus Dworak speculates that the results were caused by

7. Dr. Rich said in an interview that he was not suggesting young people should toss out their devices, but rather that they should

8. Mr. Reilly describes his students as “at-risk kids.” What does he mean by that? How does he try to reach them?

9. Teachers at Woodside commonly blame technology for students’ struggles to concentrate, but they are divided over whether embracing computers is the right solution. What is your stance on technology and education? Does it help or hinder student achievement?

10. To Ms. Blondel, the exercise in \_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_represents a regression in American education and an indictment of technology. The reason she has to do it, she says, is that students now lack the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to read the assignments on their own. “How can you have a discussion in class?” she complains, arguing that she has seen a considerable change in recent years. In some classes she can count on little more than \_\_\_\_\_\_\_\_\_\_\_\_\_\_ of the students to read a 30-page homework assignment.

“Computer or homework? Immediate gratification or investing in the future?”

Comment: